Thanks to some creative networking, Principal, Karen Goodwin, managed to arrange a school wide field trip to the Mystic Seaport to investigate the 19th century schooners visiting this week. The kindergarten through twelfth grade students arrived with great school spirit and began their quest to find out as much as they could about the life and history of the local area. Each group had the opportunity to board the schooners and learn in various content areas. Some captains taught about charting the open seas while others focused on navigational tools of the time period. A group learning about tying a sailors’ knot may have next found themselves studying the CT river. Throughout the day, the students and faculty took in the museum itself taking part in scavenger hunts and lectures throughout the many buildings. many of us even had lunch in the giant gazebo donated to the Seaport by residents of Fishers Island!

For the second consecutive year, members of the Fishers Island School staff and 29 grade 7-12 students spent a weekend of adventure in the Berkshires. Upon arrival at Country Aire Campground, our students set up tents and engaged in a variety of games including capture the flag, ultimate Frisbee, volleyball, basketball and use of the campground’s built-in pool. We then set off to the Berkshire East Canopy Tour to participate in a three hour long zip lining adventure. Whether students participated in the mountaintop tour or the valley jump tour, all agreed that the experience was exhilarating and the views were spectacular. As the school’s principal, I took great pleasure in watching students who were reluctant participants conquer their initial fear to become enthusiastic zip liners! An evening cookout was enjoyed by all, which was topped off traditional and ever so gooey s’mores!

After a night of sleeping in tents, students eagerly awoke to breakfast and preparing for white water rafting on the Deerfield River. Depending on their experience and comfort level, students selected either the Monroe Bridge Section (Class III & IV) or the slightly less challenging Fife Brook Section of class II & III rapids. The photos we have of the experience tell the story of how much our students enjoyed this physically challenging task.

Taking this weekend trip at the end of the first week of school helped our new students bond with those who have been a part of our school. Students worked as a team to prepare campsites, food, lead games, and safely engage in two exciting adventure activities. We know that this team work we saw this weekend will carry over to all that will happen in classrooms throughout this new school year...from science labs and band performances to basketball games and cooperative group learning projects.

Special thanks to staff chaperones Carol Giles, Tawnya Eastman, Bronya Shillo, and Jared Kaplan for making this experience happen for our students. In addition, I wish to extend our appreciation to the Board of Education and the Fishers Island School Teachers’ Union for their generous support of this opportunity for our students to gain confidence, strengthen friendships, and get to know some of their teachers (and principal!) outside of the classroom.
Ebb & Flow

Births:
Robert Grover (Veroom) Windsor, Ill August 13 to Ashley (Dearborn) and Rob Windsor

Grant Cochrane Doucette September 13 to Melissa (Cochrane) & Jeremy Doucette

Deaths:
Elizabeth "Lisa" Skinner Cook Reed August 27, 2013

Lucille Parsons Balcom August 31, 2013

FI Community Center Café Fall Hours:
Friday Night: 5:30 - 9:00
Saturday Morning: 7:00 - 12:00
Saturday Night: 5:30 - 9:00

Call ahead to place your order! 631-788-7601
Don’t forget to check out the Community Center’s Facebook page for weekly additions and specials!

ADVERTISING Fees for the Fog Horn

<table>
<thead>
<tr>
<th>Size</th>
<th>Monthly</th>
<th>6 Months</th>
<th>12 Months</th>
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All ads need to be camera ready – either a word document or a jpeg. Please, no pdf’s – the images don’t translate well in publisher. Ads are offered on a first come, first serve basis and we have the right to limit ad space each month. We also reserve the right to approve any ad copy or content. All ads must be paid for in advance – either by check or credit card (please call the Community Center 788-7683).

FI Community Board
Schedule of Regular Meetings

All meetings are open to the public and are held at the Fishers Island Community Center unless noted.

FI School Board
Schedule of Regular Meetings

2012-2013

September 18th 6:00 pm
October 16th 6:00 pm
November 20th 6:00 pm

All meetings are held at the Fishers Island School in the History room unless Noted.

Fog Horn Entries:

Send your photos, announcements, articles and other submissions to ficommunityboard@gmail.com or you can mail them to:

FI Community Center
P.O. Box 464,
Fishers Island, NY 06390

You can also drop them off at the Island Community Center or call 788-7990 and leave a message and someone will get back to you.

Submissions are due by the 7th of the month.
Greeting!

Don’t forget to buy your Christmas Stamps!!
They go on sale October 10, 2013th
Feel free to give us a call and mail
A check to us so we can send them out
In the mail for you free of charge!!

(631)788-7835
We thank you for your support!

Gail and Allison

New Book Arrivals at Library:

"The Girl you Left Behind" by Jo Jo Moyes
"The Husband's Secret" by Liane Moriarty
"Claire of the Sea Light" by Edwidge Danticat
"The Kill List" by Frederick Forsyth
"Night Film" by Marisha Pessl
"The Ocean at the End of the Lane" by Neil Gaiman
"The Butler" by Wil Haygood
"Wilson" by Scott Berg
"The Quest" by Nelson de Mille
"The Sound of Things Falling" by Juan Gabriel Vasquez
"The Longest Ride" by Nicholas Sparks
"W" is for Wasted" by Sue Grafton

Fl School Sports News

The 2013 cross country season is off to a
great start for Fishers Island School. This year
we have eight varsity and eight JV runners.
They have been working hard to get ready for
their first race, which will be at Norwich Tech
on September 20.

We will have four
home meets this
season, so be sure
to check the
school calendar for
details.

Professional
Accounting Solutions, LLC
Helping Businesses Improve Profitability

Dawn W. Brolin, CPA MSA
(860)234-2059
dawnbrolin@gmail.com

Making QuickBooks and
Accounting Fun!
Thank you to the island community for allowing
me to help businesses and organizations on
Fishers Island improve their accounting records
and workflow.
My relationship with you all
means the world!

Page 3
MEET THE LIGHTHOUSE WORKS’ CURRENT FELLOWS

MARGARET MEEHAN

With images of Victoriana, medical anomalies and barren landscapes, Margaret Meehan proposes a choreographed fight outside the circled square. Her drawings and sculpture-based installations derived from 19th c. daguerreotypes let the innocent collide with the monstrous, evoking race, gender, and empathy for otherness. Margaret Meehan lives and works in Texas- Austin, Dallas, and Houston have become this Northerner's second home. Her work has been shown at Soil Gallery in Seattle, The Modern Art Museum of Fort Worth, The Dallas Art Museum and Conduit Gallery in Dallas and David Shelton Gallery in Houston, among others. More information and images can be found at margaretmeehan.net.

ZOE NELSON

Zoe Nelson was born in Rhinebeck, NY, and currently lives and works in Chicago, IL. She received her MFA from Columbia University (2009) and her BA from Barnard College (2006). Zoe has exhibited work at galleries in New York and Chicago, including Lloyd Dobler gallery (Chicago), Roots & Culture Contemporary Art Center (Chicago), and NurtureART (Brooklyn). Zoe's work was selected for the 2013 and 2011 Midwest editions of New American Paintings, and is included in White Columns' curated on-line artist registry. Her work is also featured in private collections, including the JimenezColon Collection. She received the Josephine Paddock Fellowship to spend four months at the Pont-Aven School of Contemporary Art (France) in 2006, and an Ellen Battell Stoeckel Fellowship to attended Yale's Norfolk Summer Program in 2005. She is very much looking forward to getting to know the Fishers Island community while at The Lighthouse Works.

BEN SHATTUCK

Ben Shattuck is a recent graduate of the Iowa Writers' Workshop, where he was a Teaching-Writing Fellow. Before attending the Workshop, he studied ornithology and fine arts at Cornell University (paintings at benshattuck.com). He has taught literature and fiction courses at the University of Iowa and led workshops around his hometown, South Dartmouth, Massachusetts. He has written for The Paris Review, Salon.com, McSweeney’s, The Morning News, Chapters, The Rumpus, and The Millions, among other publications. He has been nominated for a Pushcart Prize and awarded fellowships at the Tin House Writers' Workshop and The Vermont Studio Center. After leaving Fishers Island, he will head to New Zealand to teach a fiction course Victoria University of Wellington.

Please join us on

Saturday, September 21st
from 5:00 – 7:00 pm
in the Ferry Annex for

Open Studios and a Reading

Meet The Lighthouse Works’ current fellows: painter Zoe Nelson, sculptor and mixed media artist Margaret Meehan, and writer Ben Shattuck. All three artists have been living and working on Fishers Island since August 19. Zoe’s and Margaret’s studios will be open for visitors, and Ben will read briefly from his recent work at 6:00 sharp.

We hope you can join us!

www.thelighthouseworks.com
Maddemar - This East End island property offers water views of the Connecticut shoreline, from all the principal rooms. It sits on 5.73 shorefront acres with 5 bedrooms, 4.5 baths and a guesthouse. $3,990,000

Ocean View Contemporary - Beautifully set on 2.33 acres of manicured grounds; this five-bedroom house enjoys wide, stunning views to the South and East overlooking Block Island and Long Island Sound. $3,500,000

Built in 1987, this private East End home overlooks the golf course and Fishers Island Sound. Relax on the back deck and watch the golfers on the fairway and the sailboats sailing by Latimer Light. 4 bedrooms, 4 1/2 baths. $1,750,000

Mansion Cottage #8 - This classic summer cottage is in an ideal Fishers location directly across from Hay Harbor Club. Sunset porch, open living spaces, formal dining room and furnace for the cooler months. 7+ bedrooms including a private master suite on the first floor. $995,000

Alpine Ave House - Cozy 3 bedroom, 2 bath house has great expansion opportunities. Located in a charming neighborhood it is a short walk to the Library and the Village. You can hear the surf on south beach and be at water's edge in just a few minutes. $495,000

The Barnacle - This cute little two-bedroom cottage on the west end is a short distance to everything and has endless possibilities. $345,000

Hakki House - Built in 1990, the Hakki House is contemporary in design with the back of the house open to the great water views. $835,000

The Barn - This is a unique opportunity for an island business to acquire a 1.97 acre location free from worries of flooding. This barn has survived the 1938 hurricane and served as part of the Fishers Island Farms business through the 1950’s. $900,000

Village Green - This wonderful location in the center of the action on The Village Green is a mixed use building. It has over 1600 square feet of commercial rental space. $525,000

Commercial Properties

Shutters & Sails, LLC, Licensed Real Estate Broker
Office: 631-788-7921  Email: info@shuttersandsails.com
Visitors to the Museum see a mounted aerial photo that shows blimps (non-rigid airships) on Elizabeth Field during World War II and many inquire about their role during that conflict. A declassified history of “Airship Utility Squadron One” provides the answers.

Airship Utility Squadron ONE, Detachment ONE-ONE was first placed in operation on 3 March 1944 at Elizabeth Field, Fishers Island, NY. This detachment was an advance base for Airship Squadron ONE, Detachment ONE, based at the U.S. Naval Air Station, South Weymouth, Mass. Detachment ONE was established originally “to assist in torpedo recovery at the Gould Island firing range and the submarine firing areas in Block Island Sound. These duties were subsequently expanded to include any blimp service, which did not require the carrying of armament. Many types of utility missions were carried out. There were observations of ships, shore facilities, ship camouflage, torpedo performances and weather phenomena. Photographs were taken of surface ships, submarines, torpedo tracks and impulse bubbles, landscapes, shell bursts, and underwater explosions. Calibrations of radar and R.D.F. [Radio Direction Finder] were carried out for naval air stations and surface ships. Assistance was given to scientific experimentation in radiation, radar blip appearances, and ordnance devices such as flares, slicks, and explosive materials. In addition, regular assignments of torpedo recovery work for ranges, submarines, and PT boats were flown. These types of assignments utilized the unusual performance characteristics of blimps and relieved the military airships of utility duties which would interfere with their regular patrol and escort missions.”

On occasion the blimps from Elizabeth Field would assist searches for survivors of plane crashes and sunken ships in the neighboring Atlantic waters. Fascinating details of the varied missions undertaken by the blimps of Detachment ONE-ONE will be included in the Museum’s spring newsletter.
September Gardening from Melie

This past month I had an interesting talk with Joe Henderson about invasive plants taking over Fishers Island. I asked him to write something for this months’ Fog Horn. If all of us try to control these unwanted plants on our properties and plant native ones, we can create a belt that will encourage birds and other wildlife to return to our wonderful Island.

Welcome to Asia:
By Joe Henderson

You should be able to tell where you are in the world when you drive down a road. When you drive down the Main Road of Fishers Island, you are not in New York; you are in Asia. You can tell from the vines and plants, which are covering up our native oaks and cherries. Listen to the names: “Oriental” Bittersweet, “Japanese” Knotweed, “Japanese” Clematis. All these and the beautiful green/blue/purple berries of the “Asian” Porcelain Berry vine are imports from Asia, which have escaped onto our island. Those beautiful white flowers we see alongside our roads in September have no natural enemies and are literally strangling our native plants to death. Notice how perfect the leaves of these plants are. Our native insects cannot eat them! With no insects for birds to eat, we have fewer and fewer birds. Read or YouTube Douglas Tallamy’s book, Bringing Nature Home to get the full story. When you next plant a tree or bush, make it a native. Search “ct-botanical-society.org” to find plants and trees, which are native to this area. The state tree of Connecticut is the White Oak. It is one of the most productive trees for butterflies and birds.
## Classic Property
West End, Private, Water Views  
5 BR, Garage, Great Cond.  
$2,250,000

## Chocomount Beach House
4 Acres, Classic Beach House  
Great Views with Beach Access  
$3,500,000

## East End
2.9 Acres, 6 BR, Private, Pool, Distant Views  
$1,400,000

## East End Lots
Two lots (2.22A & 2.77A)  
Beach, water views  
$1,500,000

## Clay Point Road
4 BR, Private  
Distant Water Views  
$1,200,000

## Mansion Hill Property
Near Hay Harbor  
Great Location  
$995,000

631.788.7882 or 860.885.9880  
www.mysticiswerealty.com  
Jim Reid, Bagley Reid and Meg Atkin
Spectacular, West End
Contemporary
Strong views over Long Island Sound
Infinity pool, Well Maintained
Yard and Gardens
$3,495,000

Three houses with great views over Chocomount Beach
Very private, Large Pool
$2,700,000

East End
Elegant Modern Property
4Bedrooms, 4 Baths
Meticulously Maintained
Lap Pool, Private, Water views
$1,950,000
Undeveloped Lot
East End, Private, Water Views
Elevated northeast Panoramic
$725,000

New Listing
4 BR, West End
Water Views, Pool, Garage
Revised $689,000

West End Lot
3.3 Acres
Private Setting
$435,000

East End
3 BR & 2 Bath
Winterized, Water Views
$835,000

Undeveloped Lot
Overlooking Chocomount
Distant Water Views
$550,000

Winthrop Ave.
5 BR, Winterized
Nice Location
$650,000

Jim Reid, Bagley Reid and Meg Atkin
631.788.7882 or 860.885.9880
www.mysticislerealty.com
Health Care Reform Seminar

Fishers Island Community Center and The Health Consultants Group, cordially invite you to attend a FREE seminar on Health Care Reform.

The Patient Protection and Affordable Care Act imposes many obligations on businesses.

- Are you ready for Health Care reform?
- How does the mandate delay affect businesses?
  - What regulations must still be followed?
- What are strategies that should be considered?
  - Defined contributions
  - Self funding
  - High Deductibles with HSA’s
- What should be done to assist part-time employees?

Come find out more!

Date:
Wednesday
September 25, 2013

Time:
4:30PM to 6:00PM

Location:
Fishers Island Community Center

Speaker:
G. Tyler Vartenigian
Partner
Health Consultants Group

Contact:
Elizabeth Reid
ekeyreid4@gmail.com
(631) 788-7683

The Health Consultants Group • 40 Corporate Avenue • Plainville, CT 06062 • (800) 367-2482 • www.mvhcg.com
Meeting to Discuss the Land Use Chapter of
the Town's Comprehensive Plan October 9th
at 5:00 pm

Southold Town Comprehensive Plan Update

Fishers Island Residents:

Special Appeal

Participate in Southold’s Comprehensive Plan Update – Land Use Chapter, including zoning.

The upcoming chapter entitled Land Use is of particular interest for Fishers Island residents. This chapter will expand on the Fishers Island Strategic Plan that was completed in 2009 focusing on uses that are compatible with the unique cultural, economic and environmental values and demographics of the island.

In the current Town Code, for example, commercial zones are limited to just a few districts that are currently “one-size fits all,” meaning the Business (B) zone has the same permitted uses in Mattituck as in Fishers Island. Some of those uses, while appropriate in a larger hamlet, may not be appropriate in smaller hamlets such as Fishers Island.

Over the next six months the Town will be conducting public input meetings on this topic and we hope to engage as many people as possible in the discussions. Keep an eye out for upcoming public input meetings on the Land Use chapter – we’ll be sure to get the word out to you with plenty of lead time letting you know when those meetings will be held on Fishers Island.

Southold Town Comprehensive Plan Update What is a Comprehensive Plan, why do we need it, and how is it being created?

A Comprehensive Plan provides a blueprint for future government action. It is also the basis for zoning and other Town Code. A comprehensive plan defines the Town’s goals and implementation measures to ensure that future development & growth is consistent with the vision the citizens of the Town have for Southold.

Southold needs an updated plan. The previous plan was done in 1985, and times have changed. The Town does have a number of more recent plans that are considered part of its current comprehensive plan, but those plans are generally narrower in scope. Southold needs a single concise plan for guidance on town policies, code and zoning.

The Town Board has designated the Planning Board to be the lead in creating the plan. The Planning Board works with Town Planners, Town Attorneys, the Special Projects Coordinator and others as part of the “Comprehensive Plan Team.” The Team drafts the chapters (see attached Chapter List), and meets with the public to discuss the drafts and gather input.

After each chapter has been drafted (in mid-2014), there will be additional opportunity for input in a series of public hearings on the plan. There will also be an environmental review, required by the State, conducted on the draft plan. The final step will be for the Town Board to adopt the plan.

The most important part of the plan happens after it is adopted. The many goals and objectives will need to be prioritized and work to implement the goals must begin. Implementing the goals of the plan will require continued public involvement and commitment.

Southold Town Comprehensive Plan Update Chapter List (In Order of completion)

1. Introduction and Vision Statement*
   Example: Basic facts about Southold, demographics, Vision Statement

2. Economic Development*
   Example: attracting and retaining businesses, jobs, tourism, culture

3. Community Character*
   Example: historic preservation, commercial building design standards

4. Parks and Recreation*
   Example: access to bays, bike trails, ball fields

5. Housing*
   Example: goals for accessory apartments, senior housing

6. Agriculture*
   Example: goals related to farming

7. Land Preservation and Open Space*
   Example: goals related to future land preservation

8. Human Services*
   Example: senior services, youth services

9. Natural Resources and Environmental Protection*
   Example: water quality, wetlands, soils, shellfish, alternative energy goals, solar, wind

10. Natural Hazards*
    Example: planning for hurricanes, coastal flooding and erosion

11. Infrastructure
    Example: utilities, water, electric

12. Transportation
    Example: traffic circulation & capacity, mass transit (train, bus)

13. Land Use
    Example: future patterns of residential, commercial, and industrial uses

14. Conclusion

* Completed draft chapters – available for download on the Town’s website at the following link:

We will continue to accept comments on completed draft chapters. You may submit your comments or questions via e-mail to:
   tos2020@town.southold.ny.us
or by regular mail to:
   Southold Planning Dept., PO Box 1179, Southold, NY 11971
AN IMPORTANT MESSAGE FROM THE FI FIRE DEPT

As property owners on Fishers Island, we all have a number of responsibilities. One of the important responsibilities that is often overlooked by many of us is that of maintaining the clearance guidelines regarding access roads that are part of the regulations of Suffolk County and as such, also part of the Town of Southold. These regulations are as follows.

1. The driveway must measure at least 15 feet in width. The measurement being taken as 7 1/2 feet on either side of the centerline of the driveway.

2. The driveway must provide a vertical clearance of 15 feet above the entire length of the road bed.

Many of us are guilty of ignoring these guidelines. I admit that when I went to look at my own driveway, it did not meet code. I intend to correct that oversight asap. It is important for all of us, that emergency vehicles be able to make entrance to all of the houses on Fishers Island. This is not a problem until an emergency arises, then it is too late. It is possible that if insurance companies were to become concerned about this lack of compliance, there could be repercussions for all of us who are not adhering to the Suffolk County guidelines which are as follows.

Below are the Town Codes concerning driveway and property clearance as supplied by Fire Marshall Bob Fisher.

Southold Town Code requirements are as follows:

Chapter 201 – Property and Access Maintenance Law Section 201-5 B. Property Access Maintenance. All access to lots improved with a building or structure shall be maintained so that landscaping, shrubs, bushes, hedges and trees do not impede emergency vehicle clearance and access. As set forth in §280-109(C), a minimum unobstructed clearance of at least 15 feet in width and at least 15 feet in height shall be maintained.

Section 280-109. Access Requirements. All lots with a building or structure must ensure that access is at least 15 feet in width and at least 15 feet in height, subject to approval by the Building Inspector for residential structures.

For the FIFD, Tim Patterson

Southold Town Comprehensive Plan Update

How to Get Involved in the Comprehensive Plan Process

Your input into the Comprehensive Plan is crucial to its success. We consider every comment, and post a report on the website that lists each comment, together with how we used the comment, or, if we didn’t use your comment, we explain why not.

How you can get involved:

1. Read and comment on the documents – available on the website or at public meetings.

2. Attend public meetings and provide comments - public meetings will be advertised, posted locally, and will be posted on the town’s website: [http://www.southoldtownny.gov/](http://www.southoldtownny.gov/)

3. Stay informed – join the e-mail list for notifications and updates and e-mail your comments to us: tos2020@town.southold.ny.us

4. No e-mail? You can also mail your comments to:

Southold 2020
Southold Town Planning Department
PO Box 1179
Southold, NY 11971

Southold Town Comprehensive Plan Update Town of Southold Vision Statement

The Town of Southold is a community of extraordinary history and beauty. Residents and visitors benefit from its diverse hamlets surrounded by pastoral landscapes and expansive natural resources. Our citizens cherish Southold’s small-town quality of life and wish to preserve what we currently value while planning for a productive and viable future.

Future planning shall be compatible with existing community character while supporting and addressing the challenges of continued land preservation, maintaining a vibrant local economy, creating efficient transportation, promoting a diverse housing stock, expanding recreational opportunities and protecting natural resources.
Fisher's Island Residents
Order your groceries on the phone.
Fiddleheads Natural Food Cooperative
Focusing on Natural and Organic Foods.

How to place your order

Call Fiddleheads on Monday or Thursday between 9 and 3 at 860-701-9123 to place your order. Give your list over the phone and indicate if you want us to substitute for any products you request that might be temporarily out of stock. Your order will be filled and sent to you the next day on Tuesday or Friday. There will be a $7 fee for gathering and packaging your groceries, plus $2 per container. After you receive and empty the cooler, please return it on the ferry.
THE BEACH PLUM
FALL HOURS:
MON - SAT 10:00 - 5:00
SUNDAY 10:00 - 1:00
ALWAYS OPEN ONLINE
WWW.THEBEACHPLUM.COM

Don’t Forget to Renew Your Island Community Center Membership!
SAVE YOURSELF an additional stop when you arrive on the island! Renew your membership by mail, email, or phone 631.788.7683 and your cards will be activated by the start date of your choice!

Email: fishersislandevents@gmail.com
And we will send you a renewal form or if you are a new member we will send you a New Membership Package

Veterinarian on Island
Does your pet need an appointment with the veterinarian? If so please contact Jennifer Sanger for appointments . 788-7264

FIWASTEMANAGEMENT@GMAIL.COM
2013-2014
COMPOST STATION
631-788-7227
Mon, Tues, Wed, Fri
7:30 am-12:30 pm & 1:30 pm-4:30 pm
Sat 7:30 am-12:30 pm
*closed Thurs & Sun
*Facility hours are subject to change and will be clearly advertised*

HAZARDOUS WASTE COLLECTION WILL BE HELD THE OF SUMMER 2014
***NO COLLECTION 2013***

2013-2014
TRANSFER STATION
(Household Garbage and Recyclables)
631-788-5515
Winter hours: September 16, 2013 - May 17, 2014
Mon, Wed, Fri, Sat, Sun
7:30 a.m. - 12:30 p.m.
*closed Tues & Thurs
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IMPORTANT FALL/WINTER 2013 IHP INFORMATION

*** NOTICE: All visits to the Doctor’s Office are BY APPOINTMENT ONLY. Patients requiring urgent care will be seen the same day they call. ***

WINTER OFFICE HOURS SEPTEMBER 9, 2013 - JUNE 23, 2014

Monday 3:00pm – 6:00 pm
Tuesday 9:00am – 12:00pm
Wednesday CLOSED
Thursday 9:00am – 12:00pm
Friday 9:00am - 12:00pm

DR. INGRAM IS CREDENTIALLED WITH THE FOLLOWING INSURANCE COMPANIES:

BLUE CROSS / BLUE SHIELD  (CT Anthem & NY Empire, plus most EPOs and PPOs)
AETNA
MULTIPLAN  (includes some CIGNA plans)
MEDICARE
OXFORD  (Liberty and Freedom)
UNITED HEALTHCARE
UHC EMPIRE  (NYS employees)

WE DO NOT ACCEPT MEDICAID.

**PLEASE NOTE –** patients with other insurances will be required to pay in full on the day of service. You will be given a detailed receipt to submit yourself for reimbursement from your insurance company. Patients with NO insurance will be charged a discounted rate and will also be required to pay in full at the time of service. No exceptions.

INSURANCE INFORMATION: In order to bill your insurance, we MUST have on file at our office 1) a copy of your insurance card (both front and back) and 2) a copy of a photo ID. Please do not arrive for an appointment with only the name of your insurance company and your ID number, or in the case of Medicare, your SSN. ALL co-pays are due at the time of service. Failure to comply with these requirements will result in the patient being responsible for the cost of the entire visit.

TO SAVE TIME: If you have NOT been a patient at the FI Doctor’s Office within the last three years AND you know you will need to see the doctor this summer, please log onto our IHP website, www.islandhealthproject.com and download our PATIENT REGISTRATION FORM. Please fill it out and mail it (PO Box 344) to us in advance of your arrival, including a requested appointment date. OR bring it to the office when you arrive on the island. This will be a HUGE help to us. Thank you.

*** PHONE NUMBERS / EMAIL ADDRESS ***

Tel. (631) 788-7244  Fax (631) 788-7968
e-mail fishersislandsoundmedical@lmhosp.org

FOR URGENT NEEDS ONLY -
To reach the doctor outside of office hours call this cell number:
From a FI landline: 1-942-9647  OR  From a cell phone: 631-942-9647