FICCI’S NEW FITNESS EQUIPMENT & FACILITY UPGRADE

Wednesday, February 28, 2018 the new gym equipment was delivered and installed in the Fishers Island Community Center’s Fitness Center.

The new equipment, along with the recently installed air conditioning units throughout much of the FICC building, will be an enhancement to the center which is such an important community space for so many programs and activities throughout the year.

The equipment looks fantastic. Please come see, and use the 16 new pieces. The Fitness Center reopens with 4 brand new Treadmills, 3 Cross Trainers, 1 PowerMill Trainer, 3 Recumbent Bikes, 2 Spin Bikes and 3 Rowers. Still in progress is the work to be completed this spring by DirectTV and Z&S.

The FICC Board and its members extend a warm thank you of appreciation for the generous donations from John and Kathy Harris and their family for making the new equipment a reality, and to Ben Gray through the Jeanann Gray Dunlap Foundation for the new air conditioning system to complete a better fitness experience and cool all the FICC building’s public spaces. Each gift directly benefits the community and made this updating possible. In 1912 Ben’s grandfather, Dr. Benjamin Gray, was hired as the first doctor on Fishers Island by Mr. Henry L. Ferguson. Dr. Gray would be very pleased with this most thoughtful donation, made with the community members’ well-being as the focus.

Annual Supporting Membership provides access to everything in the building except the Fitness Center. Members may reserve spaces for private use, such as telework, and are entitled to discounts on many programs. Fitness Center Membership includes the above, with full use of the Fitness Center and a key card for building access during non-business hours. Your FICC cards will be activated by the start date of your choice!

Visit www.ficommunitycenter.org/membership to sign up or renew online today.

Volunteer Fire and EMT personnel, year-round residents, club employees, and anyone with special circumstances, should contact Sarah Porter (631) 788-7683 x1 to receive their membership discounts.
FISHERS ISLAND TELEPHONE DIRECTORY 2018 – 2019

Please contact the Fishers Island Telephone Company with any CHANGES needed for this year’s phonebook.

REPLY before APRIL 13, 2018
ADVERTISER deadline is April 6, 2018
fitelphone@fishersisland.net
631-788-7001 x2007
PO Box 604, Fishers Island, NY 06390

FI UTILITY TO @FISHERSISLAND.NET EMAIL USERS

March 1, 2018
Dear Valued @fishersisland.net email users,

Starting April 1st 2018 @fishersisland.net email accounts will be charged $6.00/month.

Due to poor service from our current email provider, Fishers Island Telephone Corporation is being forced to make changes to our email system. This change comes with a significant cost to the company. Thankfully we have been able to negotiate the ability to continue hosting your Fishers Island email address and offer you even more storage (50GB) than we currently do. The new email service will also work with Outlook, Apple Mail and other top programs to keep all your devices – from your laptop to your smartphone to tablet – up to date and in sync. However, and unfortunately, the new service will come at a cost.

To avoid interruption of your email service, please call or email us as soon as possible. We will need an accurate count to ensure a smooth transition.

Thanks for your continued patronage.
Sincerely,
FITC Staff
631-788-7001 option 4, Visit our website at www.fiuc.net

FI FERRY CONSIDERS REQUEST FROM NL FISHERMEN

The Fishers Island Ferry District has received a request by New London Seafood Distributors for permission to utilize the Fishers Island ferry dock for the purpose of unloading and transporting prepackaged seafood to the New London FI Ferry Terminal.

New London Seafood Distributors is a New London, CT based fishing company. They are asking to work with the Ferry District to offload their New York catch on the way to their homeport of New London, CT. Their fleet of stern trawlers operate in Long Island Sound, Block Island Sound, and the Atlantic up to 50 miles offshore.

This request comes as a result of the fishing industry quotas and state regulations and would allow the fishing captains to unload their New York catch in an alternate location to Montauk. To learn more please refer to the ‘request for permission’ letter from New London Seafood Distributors dated January 20, 2018 available on FIFerry.com and at the Ferry Office.

Any opportunity to offset Ferry operating costs should be considered. As such, the Ferry District is proposing a 10-day trial period from March 12 – 26 to evaluate this as a potential revenue opportunity.

“We are aware of our Silver Eel Cove neighbors anticipated concerns with regard to noise, lights, idling and use of the dock. We have been assured by New London Seafood Distributors that impact will be minimal. Pier time is estimated to take 30-40 minutes or less. The average unloading will be of 10-15 60# cartons. These cartons will be placed in cubic yard coolers and transported by the Ferry on regularly scheduled trips.” ~ Geb Cook, Fishers Island Ferry District Manager
To our Fishers Island Community, February 14, 2018

FishersIsland.net recently celebrated the 4th anniversary since the re-launch and sent the 50th Fog Horn e-newsletter this month! Our readers and donors are growing and have written:

“Continuing thanks for the wonderful communications job for Islanders and summer visitors.”; “It really speaks to the island happenings, and how it does ‘take an island’ to get things done.”; “I access it from my phone almost every day for the tide chart, news and to check upcoming events.”; “We absolutely love viewing the great collection of Fishers photos, really outstanding, as is the whole website.”; “The Fog Horn newsletter is spectacular! So user friendly and informative.”; “Can you let me know where I can find the list of hotels and public transportation options?”; “I just love FishersIsland.net! Please keep up the good work and continue to entertain us!”

This Island’s communications is run on a shoestring budget and every contribution is appreciated!

Annual financial support of FishersIsland.net is needed to continue to bring Island news, and calendar events, along with the Ebb & Flow announcements, photos, celebrations, online directory, non-profit and business links, and classified ads to our readers on and off Island.

It is our community members, like you, who make the difference in supporting this valuable Island resource now. Serving our year-round and seasonal residents as well as school families, island employees and visitors, contractors, scientists, and others, this is the local news source focusing on Fishers Island’s uniqueness.

Thank you for your consideration.

SUPPORTING FISHERS ISLAND’S COMMUNICATIONS

The island’s communications are supported financially by grant funds, advertising income, and donations from our readers. Contributions are tax deductible as FishersIsland.net (and associated communications vehicles) is a 501(c)3, nestled in a separate and special account for accounting purposes, under the oversight of the Fishers Island Community Center (FICC).

Donations may be made by:

Check: Please make checks to FICC with ‘FishersIsland.net’ in Memo. Please mail to FishersIsland.net c/o FICC, PO Box 464, Fishers Island, NY 06390.

Credit Card: Please call the FICC at (631) 788-7683 with the following information – card type (Visa, MasterCard or AmericanExpress), name on the card, card number, card expiration date, and security code on the back of the card.

Gifts of Securities (stocks, bonds, or mutual funds) are also welcome and appreciated.

Visit FishersIsland.net often, and subscribe to the monthly Fog Horn e-newsletter.

Donations and advertising income financially support the Island’s communications efforts including website hosting and electronic newsletter capabilities, website widget and enhancement subscriptions, limited printing and postage, and other necessary expenses.

Please contact FishersIsland.net Editor Jane Ahrens at finyinfo@gmail.com with any questions.
Shrouded in mystery

Sitting alone in the waters in between The Race and Orient Point lies a small island shrouded in mystery, the subject of tall tales, rumors, hypotheticals and deep dark secrecy.

My introduction to Plum Island was by author Nelson DeMille and his character John Corey in the 1997 mystery novel Plum Island. I devoured this book with great interest, from a safe distance, hunkered down in my beach chair on Isabella.

Of course, back in the day, many of the ‘rumors’ were true, just unconfirmed, of the cruelty to animals variety. And one always wondered if those bio-diseases were truly safe and sound in some underground bunker across the water, with the prevailing wind blowing in one’s direction.

20 years later

An opportunity occasionally presents itself and you wonder, should I or shouldn’t I. Well, there was no doubt about taking a chance to visit Plum Island in person. It was a long wait to learn if it would really happen. After completing the HSA (Homeland Security Agency) paperwork in June, and finally receiving confirmation in late August that I was cleared, the trip was almost canceled with a possible visit from Hurricane Irma, but the Coast Guard gave the OK the night before. As if boarding a plane, we went through security with our U.S. government-issued IDs, a bag search, (no laptops, iPads, jack-knives, etc.) and we embarked from Old Saybrook very early September 13, 2017, in the fog, on the Department of Homeland Security (DHS) ferry which transports hundreds of scientists, staff, and security to the Island each day.

One interesting note... we were told lunch would be provided, or we could bring our own, however, “all food brought to the island must be consumed here unless it is in an unopened and commercially packaged container like a bag of unopened chips – those can go back on the boat in the afternoon. Liquids can come and go off the island in an opened state (morning coffee or an open bottle of juice).” Hmm.

The 30 of us included mostly “individual non-mission related visitors” like myself, and staff and volunteers from the Preserve Plum Island Coalition and the group trip organizers, the Connecticut Fund for the Environment and Save the Sound.

We were reminded that we were visiting PIADC (Plum Island Animal Disease Control) a secure federal facility, not a museum, and as such had other explicit instructions including – taking photos was permitted, but only in specific areas, no videos at any time. When we later stopped off at the old fort grounds and visited the beach, we were not allowed to gather any sand, shells, stones, driftwood or anything to take home.

Upon arrival at the DHS ferry terminal, we disembarked and received a huge security pass to wear. We were greeted by our guide, Public Relations Officer Jason Golden, and started a walk about the west end of the island – most of which is an area where photos are not allowed. One stop was a burial marker partially hidden in the brush and poison ivy. Col. Thomas Gardiner died in 1786 – some say his ghost is still a wandering soul on the Island. One in our party spotted a snapping turtle that was thus saved from becoming road kill.

What really goes on there?

Best explained in DHS’s own words: “The center’s primary focus has been helping to prevent foot-and-mouth disease (FMD), which last occurred in the United States in the late 1920s. Research and diagnostic efforts conducted at Plum Island are focused on keeping that disease, and other foreign animal diseases like it, from threatening the multibillion-dollar U.S. livestock industry. In fact, PIADC is the only facility in the nation where live FMD virus can be studied, and its scientists are taking critical steps toward a new vaccine.”

The case to Save Plum Island

Exploring the grasslands, freshwater ponds, bird watching station, and of course, the beautiful beaches was the end of our day’s tour of Plum Island before heading back to the DHS ferry terminal for the return trip to the mainland. The Animal Disease Center’s government research facility is moving from Plum Island to Kansas in 2022 and that new construction is already fully funded. “The challenge is to save, not sell, 600 acres of wild lands on Plum Island. Its permanent protection requires the cooperation of the federal, NY and CT governments.” ~ Connecticut Fund for the Environment & Save the Sound

Learn more Here www.ctenvironment.org/plum-island, www.preserveplumisland.org
IN MEMORIAM: PHILIP BLACKBURN WEYMOUTH, JR.

Philip Blackburn Weymouth, Jr., 82, of Montchanin, Delaware died peacefully at Christiana Hospital on February 14th, 2018, surrounded by members of his immediate family.

Born in 1935 in Philadelphia, PA, he was raised in the historic town of New Castle, DE and on the family farm in Hockessin, DE. He attended Conrad High School, graduated from Deerfield Academy in 1953 and received a Bachelor of Mechanical Engineering degree from Yale University in 1957, where he was a member of Fence Club. Following graduation from Officer Candidate School in Newport, RI in 1958, he served for three years in the U.S. Navy as Chief Engineer and Acting Executive Officer aboard the destroyer U.S.S. Agerholm (DD826) in the Pacific Fleet. Upon leaving the Navy, Mr. Weymouth joined his father’s insurance agency, Weymouth & Smith, in 1961 and attended the Wharton School at the University of Pennsylvania where he received his Chartered Property & Casualty Underwriter (CPCU) designation in 1964. He became a partner in 1967, President in 1970 and continued to work for the successor firm, Weymouth Swayne & Corroon, until his death. He was an active industry speaker, member of the Personal Lines Interest Group Committee of the CPCU Society Board and built his firm into one of the top Chubb producers in the Mid-Atlantic Region.

Mr. Weymouth had a profound sense of civic duty and giving back to the community. A central theme for him was Education and he served on numerous boards in the sector. He was a member of the Executive Committee of the Alumni Association and a trustee of Deerfield Academy; a member of the Yale Development Board; a council member of The Music School of Delaware; and a board member of Americans for the Competitive Enterprise System. He served as a trustee of the board of The Tatnall School for decades and was the first recipient of the Alletta Laird Downs Philanthropy Award. Finally, he was a board member and Chairman Emeritus of the Delaware Museum of Natural History, an institution for which he held great pride.

He was a passionate pilot with multiple ratings, thousands of hours as PIC and a perfect flying record. He was inducted into the fraternity of Quiet Birdmen in 1970 and held all of the positions of responsibility of the Wilmington Hangar throughout his tenure. In addition, he was an avid sportsman with quail and dove hunting and Atlantic salmon angling topping his favorite pursuits. He also loved to play golf and was a member of Bidermann Golf Club, Fishers Island Club, Hay Harbor Club, Mill Reef Club and Spring Island Club. He also was a member of the Vicmead Hunt Club, Wilmington Club, Aurora Gun Club, Winterthur Fire Company, Fishers Island Yacht Club, Chechessee Creek Club, Society of Colonial Wars and FIOA.

Mr. Weymouth’s greatest source of joy and pride was his family. He is pre-deceased by his parents, Philip Blackburn Weymouth and Martha (Machold) Weymouth, and his youngest brother Anthony Eaton Weymouth. He is survived by his wife of 53 years Natalie Margaret (Riegel) Weymouth; his son Philip Blackburn Weymouth III and his wife Elizabeth Katherine (Kirk) Weymouth and their three sons, Philip Riegel Weymouth, Henry Carter Weymouth and James Blackburn Weymouth; his daughter Natalie Machold (Weymouth) Keenan and her husband Benjamin Wilson Keenan and their two daughters, Lucinda Weymouth Keenan and Natalie Halliday Keenan; his son Timothy Bell Weymouth and his wife Dr. Katharine Weston (Lopez) Weymouth and their two children John MacLaren Weymouth and Margaret Eveland Weymouth; and his brother Charles Machold Weymouth. He was a direct descendent of Captain George Weymouth who by historical accounts was the first to plant a British flag in North America and discovered Monhegan Island in Maine in the early 1600s. The North American (or Eastern) White Pine was named the Weymouth Pine for Captain Weymouth’s contributions to early British exploration and the tree was often used as the stalwart mast of the British, and later U.S., Navy.

A celebration of Philip’s life will take place on Saturday, February 24th at 11:00 am in the Soda House (Buck Road entrance) at the Hagley Museum following a private interment at a family cemetery. In lieu of flowers, donations may be made to Delaware Museum of Natural History, 4840 Kennett Pike, P.O. Box 3937, Wilmington, DE 19807; The Tatnall School (for Weymouth Field), 1501 Barley Mill Road, Wilmington, DE 19807; or The Music School of Delaware, 4101 Washington Street, Wilmington, DE 19802.

For online condolences please visit chandlerfuneralhome.com
Published in The News Journal from February 17 to February 19, 2018
FROM MÉLIE’S GARDEN

I am not a cold weather person so the longer hours of sunlight in March thrill me and I always feel that the end of winter is in sight and a few mid-winter gardening chores can be completed.

**Inside Chores**

With the increased light, plants begin to wake up and it is a good time to give your houseplants some attention. If I can lift the plant, I like to put it in the shower and give it a good spray of water to wash away accumulated dust and possible bugs acquired during the winter. Once the plant has dried off, I spray it with Insecticidal Soap to get rid of any hiding pests. If the pot is too heavy to put into the shower and needs to be sprayed, I put a cleaner bag over it and tape the bottom of the bag to the rim of the pot with duck tape. I then spray the Insecticidal Soap through the hanger opening in the bag and tie it off leaving the plant in the plastic for a few hours. This works quite well as an emergency measure with large plants to get rid of bugs. Another good thing to do for “mid-winter plant perk up” is to place the pot in a sink or bucket full of water. Leave it in the water until bubbles rise to the surface. This is a good way to hydrate the plant and it flushes out accumulated salts that have built up in the pot throughout the winter. Once the bubbles stop, remove the pot from the water and let it drain well before placing it back in its saucer. Never let a plant sit in a saucer full of water because it will become water-logged and that will encourage rot. At this time of year, you can start to feed your houseplants half-strength organic fertilizer once per week and they will start to begin their active growing and blooming time again.

**Outside Chores**

March is the last month you can safely prune trees and shrubs while they are dormant. Remove all diseased and broken branches and suckers. Among the clipped branches you might find a branch or two with buds on it that you can bring into the house to force. The best branches to force are pussy willow, forsythia, apple, cherry, pear, beech, birch, and redbud. Margaret Roach says in her gardening blog that you will be more successful in your forcing if the branches are closer to their blooming date, which makes sense. She recommends splitting the stems to allow more water to get up into the branch and then putting the branches in a bucket of cold water. The bucket should be out of the light with a cleaning bag covering the branches to keep them hydrated. Once the buds swell enough to shed their coverings you can remove the bag and bring the branches to the part of the house where you want to enjoy them. It is nice to have a touch of spring inside a bit before it starts outside in April.
## BULLETIN BOARD

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<td>10:00 am</td>
<td>Union Chapel Worship Service</td>
<td>11:00 am</td>
<td>Fish Fire District Meeting</td>
<td>12:00 pm</td>
<td>Library’s Tiny Tot Time</td>
<td>1:00 pm</td>
<td>St. Patrick’s Day</td>
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<td>5:00 pm</td>
<td>FIICC Community Dinner</td>
<td>5:30 pm</td>
<td>ICBI Library Meeting</td>
<td>12:00 pm</td>
<td>St. Patrick’s BINGO Party at the Library</td>
<td>5:30 pm</td>
<td>Island Café Open</td>
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<td>1:00 pm</td>
<td>Senior Luncheon</td>
<td>3:30 pm</td>
<td>Judo Practice</td>
<td>5:00 pm</td>
<td>St. Patrick’s Day</td>
<td>5:30 pm</td>
<td>Our Lady of Graceland Mass</td>
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<td>Island Café Open</td>
<td>7:00 pm</td>
<td>Community Dinner @ Union Chapel</td>
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<td>American Legion’s St. Patrick’s Dinner</td>
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<td>Union Chapel Worship Service</td>
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<td>Ferry Commissioners’ Meeting</td>
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<td>Library’s Tiny Tot Time</td>
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<tr>
<td>3:00 pm</td>
<td>Craft-n-Coffee at the Library</td>
<td>4:00 pm</td>
<td>Board of Ed. Meeting</td>
<td>3:30 pm</td>
<td>Judo Practice</td>
<td>5:00 pm</td>
<td>Our Lady of Graceland Mass</td>
</tr>
<tr>
<td>2:00 pm</td>
<td>Craft-n-Coffee at the Library</td>
<td>3:00 pm</td>
<td>1st Day of Spring</td>
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<td>Stations of the Cross</td>
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<td>Island Café Open</td>
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<td>10:00 am</td>
<td>Union Chapel Palm Sunday Worship Service</td>
<td>11:00 am</td>
<td>FIWMD Commissioners’ Meeting</td>
<td>12:00 pm</td>
<td>Library’s Tiny Tot Time</td>
<td>Good Friday</td>
<td>Passover</td>
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<td>3:00 pm</td>
<td>Board of Ed. Meeting</td>
<td>3:30 pm</td>
<td>Judo Practice</td>
<td>12:00 pm</td>
<td>Union Chapel Good Friday Service</td>
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<td>5:00 pm</td>
<td>Craft-n-Coffee at the Library</td>
<td>6:00 pm</td>
<td>Community Dinner @ Union Chapel</td>
<td>5:00 pm</td>
<td>Island Café Open</td>
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<td>7:00 pm</td>
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<td>Island Café Open</td>
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<td>Our Lady of Graceland Mass</td>
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<td>Our Lady of Graceland Mass</td>
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### @ THE COMMUNITY CENTER
- **Thursday, March 15**, 5:30 – 8:00 PM
- **Saturday, March 17**, 5:30 – 8:00 PM
- **Thursday, March 22**, 5:30 – 8:00 PM
- **Saturday, March 24**, 5:30 – 8:00 PM
- **Thursday, March 29**, 5:30 – 8:00 PM
- **Saturday, March 31**, 5:30 – 8:00 PM

### ISLAND CAFÉ

#### SENIOR LUNCHEONS ~ 2017-2018

*Everyone over 60 is invited to join us!*

Luncheons are held on the 3rd Thursday of the month – most are held at the Union Chapel. Enjoy a delicious home cooked meal, monthly door prize/raffle, seasonal table settings, and interesting conversation.

Please call Heather Burnham if you would like to be added to the list at 788-7662.

Save these Upcoming Dates: Mar 15, Apr 19, and the final lunch on May 17.
FISHERS ISLAND FOG HORN
P.O. BOX 464, FISHERS ISLAND, NY 06390

If you have something you would like posted on FishersIsland.net or in the Fog Horn - a story idea, an event, photos to share, suggestions or an interest in advertising, please contact Editor Jane Ahrens at (631) 788-7487 or finyinfo@gmail.com.

FIND ALL THE NEWS, STORIES, PHOTOS & EVENTS AT WWW.FISHERSISLAND.NET

2018 GATE PASS INFORMATION

It is time to renew your gate pass for the east end roads of Fishers Island. We are introducing our new online system for anyone who had a sticker last year and would like to renew with the same vehicle class and license plate.

Please visit www.fidco.us/cast-end-stickers/ for gate pass rates and information.
For online renewal and gate pass forms please visit www.fidco.us/gate-pass-renewal-request/.

Please also note that stickers will no longer be sold at the Utility Office. All stickers must be picked up at the Gate House.

Please Note: When entering your license plate information, just type in letters and numbers with no dashes, dots or spaces. Example ABC-123 should be entered as ABC123.

If anyone has any questions or needs assistance, please check in with Jim Wall and John Bergquist at the Gate House.

Gate House: (631) 788-7215. Please feel free to leave a message if no answer.
Gate House Hours: Open most days from 7:00 am to 7:00 pm.
Gate House Email: gatehouse@fishersisland.net